



2021-2022 TRYOUT INFORMATION

**Students:**

Make sure to fill out the online registration form. As well as the separate cheerleading application.

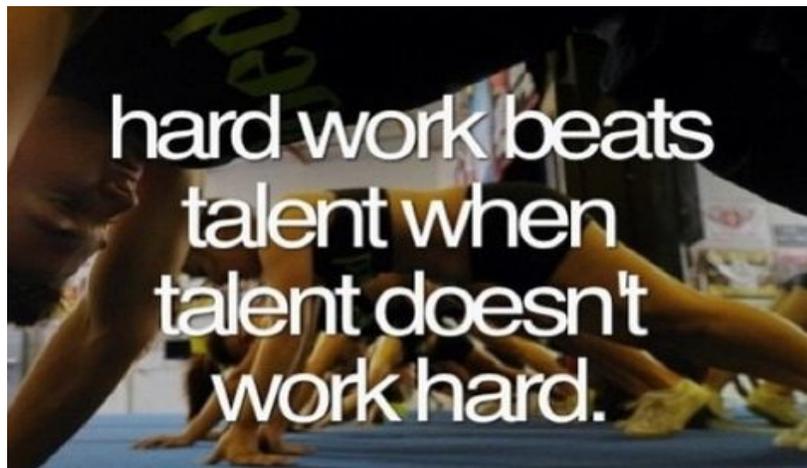
School: <https://secure.blueoctane.net/forms/HDS10PWSCUU7>

Application: <https://forms.gle/SzV7XBS3HhcN1PoRA>

**Parents:**

Feel free to email Coach Cook with any questions you may have prior to the clinic dates.

Coach Cook: [ccook@bths201.org](mailto:ccook@bths201.org)



## Tryout Information

### Dress Code:

During the clinics and the tryouts we ask that you wear the following items. Failure to do so will result in a deduction of points, and most importantly, shows that you do not follow directions properly.

- ✓ Top: Plain black t-shirt (minimal writing only on your shirt). NO tank tops.
- ✓ Bottom: Black shorts.
- ✓ Shoes and socks: Cheer shoes or other tennis shoes. White low cut ankle socks.
- ✓ Jewelry: NO jewelry is allowed.
- ✓ Bow: Always a great touch!
- ✓ Nails: NO nail polish or long fingernails.

### Clinic Dates:

All clinics and tryouts will take place in Belleville East's Gym Annex.

Clinic #1: **Wednesday, October 20th 3:45-5:30 PM**

Tryouts: **Thursday, October 21st 6:15-7:30 AM**

Cuts will be made on October 21st. You will receive any email explaining you have made the team or unfortunately you have not made this squad this year.

### Team Numbers & Final Team Announcement:

Every year we have our main tryouts in May. This is our second tryout per IHSA rules. We do already have a competition squad decided from May, however, we are open to adding new athletes to enhance our team. If this tryout does not turn out the way you'd hope, please consider trying out again in May 2022 for our next season!

If you have questions we ask that you kindly wait 24 hours before contacting the coaches and do so in an appropriate manner. We are happy to inform you with a brief description of why he or she did or did not make the team. Sadly, we cannot take everyone that tries out for the squad, but we encourage you to work hard and tryout next year!

**GOOD LUCK!!!**

## Questions and Answers

### 1. What will I be judged on?

A point system will be used to determine the final teams. A panel of experienced judges, including the coaches, will score each candidate. You will be judged on the following criteria:

#### ✓ **Cheerleader Skills:**

- **Appearance:** Are you wearing a bow? Are you in the correct attire with the correct shoes?
- **Jumps:** We are looking for flexibility and height. Don't forget to point your toes and watch your arm placement!
- **Motions:** Do you have sharp, clean motions? Really "pop" your motions rather than "place" them.
- **Memorization:** Do you remember the cheers and dance?
- **Tumbling Skills:** Tumbling is NOT required to make the JV squad, **but is required for Varsity.**
- **Voice and Spirit:** Are you loud? Do you know the words? Are you enthusiastic and smiling?
- **Flyers:** You will be judged on body positions. (Heel stretch, scorpion, etc.)

#### ✓ **Student-Athlete Requirements:**

- **Grades:** Do you care about your academics? Do you have D's and F's or A's and B's?

#### ✓ **Overall Behavior Standards:**

- **Ability to Follow Directions:** Did you follow the "Tryout Dress Code" and turn in the required information (recommendations, grades)?
- **Attitude:** Besides the teacher recommendations, we will be looking for individuals that show a positive attitude during the process. If you are bad-mouthing another candidate, displaying signs of disrespect towards other candidates, and/or showing an unwillingness to participate or do what is asked of you, these behaviors will be noted and taken into consideration during the final team selection.
- **Discipline:** Past negative behaviors, attendance records, and disciplinary infractions will be noted.

We are looking for individuals that are hard workers and coachable. Good grades and positive attitudes are of the utmost importance! This is a TEAM sport, and we want students that get along well with others and work hard to achieve both personal and team goals. Tumbling skills, length on the team, and cheerleading background, while important, are not going to matter if the cheerleader's attitude, discipline, and grades are unacceptable. As the quote goes, "Hard work beats talent when talent doesn't work hard."

**2. If I make the team, what are the costs?** Note: these costs are an estimate based on past seasons.

**Each Year**

Shoes (about \$65)

Camp Clothes (about \$45)

Competition Choreography (about \$200)

Stunting/ Tumbling: (about \$210)

Athletic Fee (\$60)

**One Time Cost**

Bodysuit/ Bloomers (\$15-\$20)

Warm-up (about \$190)

**Fundraisers**

Popcorn Restaurant Nights That's My Pan

- ★ Certain fundraisers are in place to help offset the overall cost you owe for the season. If you put maximum effort into those fundraisers, you can do this sport at minimum cost.

**3. What are some important dates and fun events to keep in mind?**

- ✓ **Season Dates:** Our season runs from October -March. Once our season starts we will have practices or games every weekday. Saturday practices will be scheduled depending on if additional practice time is needed.
- ✓ **Team Bonding throughout the Season:** I plan to make an effort to create as many team bonding events as we can! Bonding with your team, especially in our sport, is very important!